

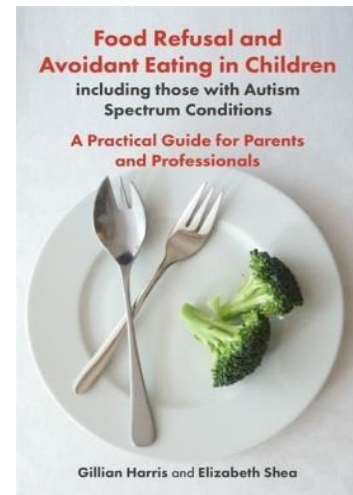
Food Refusal and Avoidant Eating in Children, including those with Autism Spectrum Conditions

A Practical Guide for Parents and Professionals

Gillian Harris and Elizabeth Shea (2018)

A guide for parents and professionals working with children with autism who have a restricted dietary range. It helps the reader to understand the behaviour and work with it, in order to gradually increase the range of food a child will eat. Informative and accessible, the book helps manage selective eating in all its manifestations.

https://www.amazon.com/s/ref=nb_sb_noss?url=searchalias%3Dstripbooks-intl-ship&fieldkeywords=Gillian+Harris+Elisabeth+Shea&rh=i%3Astripbooks-intlship%2Ck%3AGillian+Harris+Elisabeth+Shea



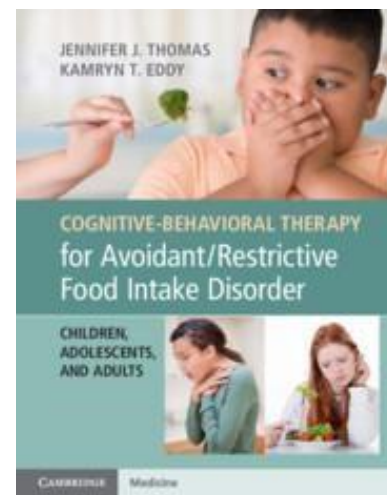
Cognitive-Behavioral Therapy for Avoidant/Restrictive Food Intake Disorder

Children, Adolescents, and Adults

Jennifer J. Thomas and Kamryn T. Eddy, (2019) Cambridge University Press

Avoidant/restrictive food intake disorder (ARFID) is a common eating disorder diagnosis that describes children and adults who cannot meet their nutritional needs, typically because of sensory sensitivity, fear of adverse consequences and/or apparent lack of interest in eating or food. This book is the first of its kind to offer a specialist treatment, specifically for ARFID. Developed, refined and studied in response to this urgent clinical need, this book outlines a specialized cognitive-behavioral treatment: Cognitive-Behavioral Therapy for Avoidant/Restrictive Food Intake Disorder (CBT-AR). This treatment is designed for patients across all age groups, supported by real-life case examples and tools to allow clinicians to apply this new treatment in their own clinical settings.

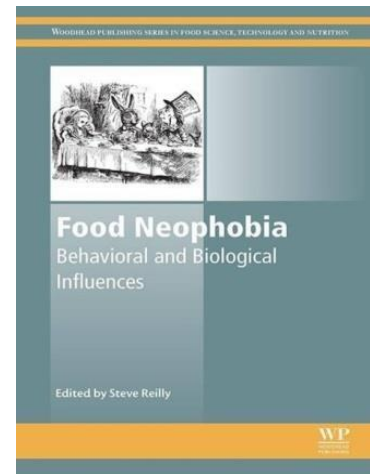
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Food Neophobia Behavioral and Biological Influences

Editor: Steve Reilly (2018)

Food Neophobia: Behavioral and Biological Influences brings together academic and applied studies to give a comprehensive overview of this topic in both sensory and consumer science and pediatric psychology. The effects of food neophobia can have a huge impact on children's lives and an influence across their lifespan. Split into two main sections, the book focuses on both the environmental and biological aspects of food neophobia. It covers social, contextual and psychosocial factors that affect food neophobia. Sensory aspects of food neophobia are covered with chapters on disgust and sensation seeking, and genetic and evolutionary influences are also thoroughly discussed.



The book is essential reading for academic researchers studying food neophobia from a sensory, consumer science and psychological perspective. It will also be of value to food product developers, especially those working on products for children. Finally, healthcare professionals treating patients suffering from food neophobia will be able to gain greater insight into this condition.

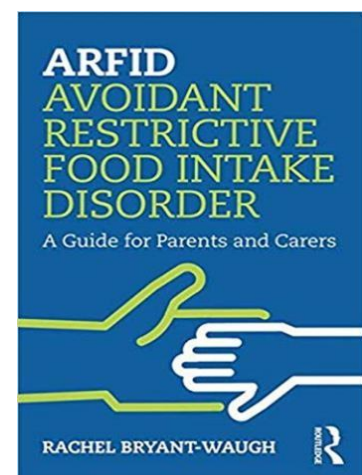
<https://www.amazon.com/Food-Neophobia-Behavioral-Biological-Influences-ebook/dp/B078TP2JNX>

ARFID Avoidant Restrictive Food Intake Disorder: A Guide for Parents and Carers.

Bryant-Waugh R. (2020) Routledge, Oxton.

This book covers common questions encountered by parents or carers whose child has been given a diagnosis of ARFID or who have concerns about their child. Written in simple, accessible language and illustrated with examples throughout, this book answers common questions using the most up-to-date clinical knowledge and research.

Primarily written for parents and carers of young people, *ARFID Avoidant Restrictive Food Intake Disorder* includes a wealth of practical tips and suggested strategies to equip parents and carers with the means to take positive steps towards dealing with the problems ARFID presents. It will also be relevant for family members, partners or carers of older individuals, as well as professionals seeking a useful text, which captures the full range of ARFID presentations and sets out positive management advice.



<https://www.amazon.co.uk/ARFID-Avoidant-Restrictive-Intake-Disorder/dp/0367086107>

Avoidant Restrictive Food Intake Disorder in Childhood and Adolescence: A Clinical Guide

Rachel Bryant-Waugh (Redaktør) ; Claire Higgins (Redaktør) Routledge (2020)

Avoidant Restrictive Food Intake Disorder, more commonly known as ARFID, is a relatively newly introduced diagnostic category. Research in the field, although growing, remains limited, with clinical knowledge and expertise varying across clinicians. There may be uncertainty how to correctly identify and diagnose the disorder as well as how best to direct treatment.

This clinical guide sets out provide up-to-date information and comprehensive clinical guidance on ARFID in childhood and adolescence. Chapters in this book are divided into five sections, the first focussing on the importance of attending to the perspectives of those directly affected by ARFID. Three subsequent sections cover diagnosis and presentation, including chapters on etiology, epidemiology, assessment, and outcome measures; clinical assessment, including psychological, family, nutritional, medical, and sensory components; and management, discussing nutritional, medical, psychological, and wider system approaches. The final section discusses prognosis and outcomes, and considers future research directions.

This clinically focused book, with contributions from a multi-disciplinary authorship, is intended to function as an accessible, practical guide, and reference resource. It includes summaries of available evidence, with related recommendations for clinical practice. The advice and suggestions included will assist clinicians in targeting their attention appropriately, to ensure that children, adolescents, and their families receive the best possible care.

https://www.amazon.co.uk/Avoidant-Restrictive-Disorder-Childhood-Adolescence/dp/0367224410/ref=d_pd_sbs_scl_2_5/259-6838800-1023021?pd_rd_w=E7RZT&content-id=amzn1.sym.ea6fa2b9-b25b-401b-aef1-8543b649508d&pf_rd_p=ea6fa2b9-b25b-401b-aef1-8543b649508d&pf_rd_r=M5Z4P8WF8NQ2W1STDC01&pd_rd_wg=bTIsE&pd_rd_r=b16510f9-6959-489e-806b-2ba3b14b9ded&pd_rd_i=0367224410&psc=1

