

Ankel artroskopi specimen kursus Panum Institut



25. og 26. juni 2025 Panum Institut, København
DET ER FØRST TIL MØLLE! Tilmeld dig her
<https://dfas.nemtilmeld.dk/13/>

Kontaktperson: kursusleder chairman@fodkirurg.dk (Mostafa Benyahia)
Kursusafgift : DFAS-medlemmer: 5.900 kr. Alle andre: 6.800 kr. Kursusafgiften inkluderer kursusmateriale, dissektionsmappe samt kaffe, te, frokost og kursusmiddag. Man skal selv arrangere overnatning.

COURSE PROGRAM

Day 1 Wednesday 25th June 2025

8h - Register

♦ 8h30 – Welcome reception

♦ 8h45 – Approaches of ankle arthroscopy (anterior and posterior)

o 9h00 Questions and discussion

♦ 9h15 – Osteochondral lesions

o 9h30 Question and discussion

♦ 9h45 – Ankle impingements

o 9h15 - Questions and discussion

10h15 – Break

♦ 10h30 – Ankle ligament lesions - repair

o 10h45 - Questions and discussion

♦ 11h00 – Ankle ligament lesions - reconstruction

o 11h15 - Questions and discussion

♦ 11h30 - Syndesmotic injuries

o 11h45 - Questions and discussion

12h30 Lunch

Afternoon, cadaver lab (demonstration surgery)

♦ 14h00 – Anterior ankle arthroscopy

♦ 15h00 – Arthroscopic OCD Microfractures / fixation

♦ 16h00 – Arthroscopic lateral ankle ligaments repair technique

♦ 17h00 – Syndesmosis repair

Course Dinner at local restaurant

Day 21 Thursday 26th June 2025

♦ 9h00 - Ankle osteoarthritis – fusion or....

o 9h15 - Questions and discussion

♦ 9h30 - Tendon Disorders around the ankle 1: Peroneal tendons

o 9h45 - Questions and discussion

♦ 10h00 - Tendon Disorders around the ankle 2: Achilles Tendon – insertional tendinopathy

o 10H15 - Question and discussion

♦ 10h30 - Tendon Disorders around the ankle 3: Achilles Tendon – FHL transfer

o 10h45 - Question and discussion

11h00 – Break

♦ 11h30 - Fractures of 5th metatarsal in athletes

o 11h45 - Questions and discussion

♦ 12h00 - Arthroscopic-assisted fracture repair around the ankle

o 12h15 - Questions and discussion

12h30 - Lunch

Afternoon, cadaver lab (demonstration surgery)

♦ 14h00 – Posterior ankle arthroscopy

♦ 15h00 – FHL transfer

♦ 16h00 – Sub-talar arthrodesis

♦ 16h30 – Ankle fusion

17.00 adjourn Mostafa Benyahia